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**CONTRACTOR**  
*Safety*  
**NEWS**

*Contractor* **SAFETY STAR**

**Congratulations to April's Contractor of the  
Month, Zufelt Construction Services!**



Scotty Zufelt, Alex Popoca, and Fritz Cowing

Most of the time, the contractor we honor as safety star is an individual or company that works in one of our forests. But this month, we're doing something different and honoring one of our Raydient contractors for the construction work they do in one of our most unique locations, the former mill town of Port Gamble in Washington State.

Not only does Zufelt Construction Services help preserve the structural integrity and charm of the historic buildings situated on this 120-acre National Historic Landmark, but owner Scotty Zufelt is also a Port Gamble resident. Recently, a safety incident occurred after hours and Scotty took the initiative to step in and secure one of our buildings after first responders left the scene. He did this even though the incident wasn't related to Zufelt Construction Services.

Townsite manager, Pete Orbea, said, "No matter the type of work they are performing, Zufelt Construction Services continually goes above and beyond to create a safe workspace and town for our residents and visitors. They always have a safe and tidy job site and take safety seriously. Additionally, Scotty is always quick to respond to any Port Gamble emergency, even in the middle of the night."

Each week, Zufelt's crew foreman looks ahead to see what's on the agenda for the following week and meets with the crew to discuss potential upcoming hazards. This allows the team time to prepare for the hazards they may encounter. Scotty encourages his crew to speak up about what needs to be done to stay safe. He knows that by having these discussions ahead of time, his crew understands the dangers they face and can be prepared with the necessary safety aids and mindset. He said, "I got hurt years ago on a commercial job site as safety was not at the forefront. I don't want anybody to be hurt on my watch."

**Rayonier and Raydient would like to thank Scotty Zufelt and the entire Zufelt Construction Services team for their commitment to safety.**

# Safety TOPIC OF THE MONTH

## Heat-Related Illness

Heat Exhaustion	Heat Stroke
<b>ACT FAST</b> <ul style="list-style-type: none"><li>• Move to a cooler area</li><li>• Loosen clothing</li><li>• Sip cool water</li><li>• Seek medical help if symptoms don't improve</li></ul>	<b>ACT FAST</b> <b>CALL 911</b> <ul style="list-style-type: none"><li>• Move person to a cooler area</li><li>• Loosen clothing and remove extra layers</li><li>• Cool with water or ice</li></ul>
<i>Dizziness</i> <i>Thirst</i> <i>Heavy Sweating</i> <i>Nausea</i> <i>Weakness</i>	<i>Confusion</i> <i>Dizziness</i> <i>Becomes Unconscious</i>
<i>Heat exhaustion can lead to heat stroke.</i>	<i>Heat stroke can cause death or permanent disability if emergency treatment is not given.</i>

Stay Cool, Stay Hydrated, Stay Informed!

Heat illness is a serious medical condition. It may be progressive, moving from mild to more severe, but it can also become serious without warning. It can be fatal if left untreated. Early response to mild heat illness is critical to prevent its progression. Never leave a worker with heat-related illness alone.

**Call 911 immediately if the victim exhibits confusion, slurred speech, convulsions, or loss of consciousness, and provide care until help arrives.**

Heat-related illnesses include (from mild to severe):

- **Heat Fatigue**
  - Symptoms: Decline in task performance, coordination and alertness
  - Response: Severity is lessened through gradual acclimatization to the hot environment
- **Heat Rash**
  - Symptoms: Small blisters or rash that looks like a red cluster of pimples
  - Response: Take rest breaks in a shady, cool area to promote sweat evaporation; Keep the affected area dry; Use powder (not creams or ointments) to soothe rash

- **Heat Cramps**
  - Symptoms: Painful muscle cramps or spasms, usually in the legs, arms or trunk; Heavy sweating during intense exercise
  - Response: Rest in a shady, cool area; Drink cool water or a sports drink; Wait a few hours before resuming strenuous activity; Get medical help ASAP if cramps last more than an hour or if the victim is on a low-sodium diet or has heart problems
- **Heat Exhaustion**
  - Symptoms: Thirst; Heavy sweating and moist or clammy skin; Slightly elevated body temperature or weak, rapid pulse; Muscle cramps; Weakness and fatigue; Dizziness, lightheadedness or headache; Nausea; Irritability
  - Response: Stop activity and move victim to a cooler location; Loosen clothing and remove outdoor or PPE-related clothing; Rehydrate with water or sports drinks; Wet person with cool water; Apply icepacks to head, neck, armpits and groin; Get medical help right away if symptoms get worse, if victim throws up or loses consciousness
- **Heat Stroke**
  - Symptoms: Hot, dry skin – or on some occasions – profuse sweating; Very high body temperature; Strong, rapid pulse; Mental confusion or delirium; Slurred speech; Convulsions; Loss of consciousness
  - Response: Call 911 immediately; Move victim to a cooler location while waiting for emergency services; Loosen clothing and remove outdoor or PPE-related clothing; Wet the victim with cool water; Apply icepacks to head, neck, armpits and groin; Provide vigorous fanning to increase cooling; Do not give the victim anything to drink

## *Safety* SHOUT OUT

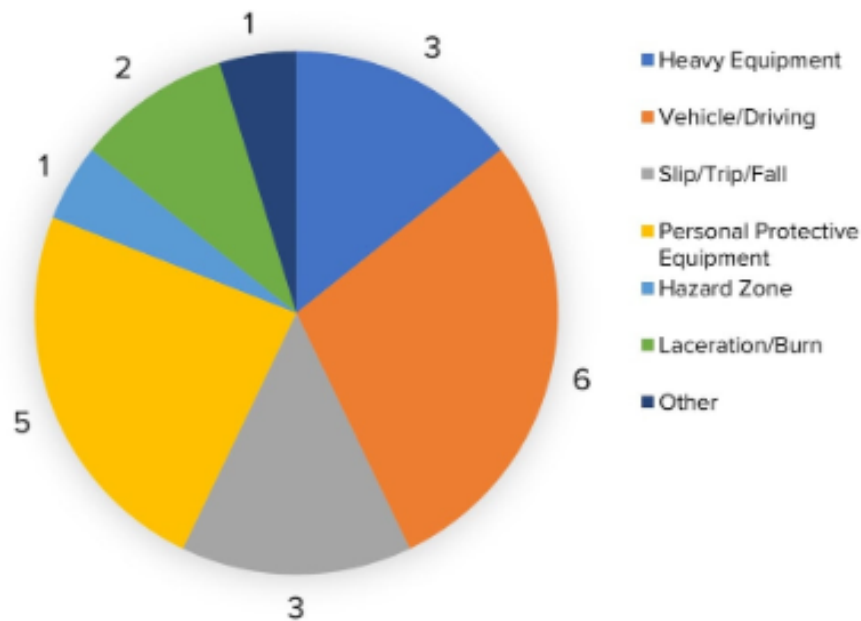
Contractor near miss reports are always anonymous, so we can't recognize this crew by name, but we would like to extend our sincere appreciation to the South Carolina contractor crew highlighted in the first near miss (see below) for the way they handled the discovery of an old, abandoned well on a harvest site. Nicely done!



# Near-Miss / Incident Dashboard

At Rayonier, safety is a way of life. A big part of our safety culture is our near-miss reporting program. A near miss is defined as "an unplanned event that did not result in injury, illness or damage—but had the potential to do so." We use the near-miss reports to learn from each other when mistakes are made. We focus on the behavior, not the person, and near misses are never used against you. When you submit a near miss, you're helping your fellow contractors learn and be more aware of possible dangers that can occur on a daily basis.

## March 2024 Contractor Near Misses



### Slip, trip or fall near miss

**Location:** Allendale, South Carolina

**What Happened:** When a cut down machine operator came across an old, abandoned well in the harvest area, he cut some stumps around the well very high to draw attention to the hazard. The crew leader then reported the well to a Rayonier forester and showed him where it was. Pink flagging was used to call additional attention to the hazard area.

**Remember:** If you encounter a hazard like this, don't ignore it. Instead, respond exactly like this crew to help prevent someone from getting injured.

### **Slip, trip or fall near miss**

**Location:** Tyler, Texas

**What Happened:** While performing HWC, the applicator's shoelaces caught on a pile of slash and he fell to the ground while wearing a backpack full of chemical. Fortunately, no herbicide was spilled, but he did incur a small cut to one finger. The wound was cleaned and dressed and he returned to work.

**Remember:** Falls are common when walking in clear-cuts with debris. A full backpack can cause a fall to be more forceful. Slow down and choose your steps carefully.

### **PPE near miss**

**Location:** Jefferson, Washington

**What Happened:** A PCT crew member started to work without donning a safety vest. The foreman saw this and immediately went back to the truck to grab a vest for the worker.

**Remember:** Always wear appropriate PPE. Take a moment before starting any job to confirm you have everything you need to complete the job safely. If you notice someone working without appropriate safety precautions in place, say something.



## Submit a Near-Miss on the Rayonier Safety App

Each Near-Miss report is an opportunity for contractors to educate each other and raise awareness about safety. Use your mobile load device or smart phone to submit an anonymous near miss on the Safety App. Need to download the Safety App? Search Rayonier Safety in your App Store to download. iPhone users [click here](#). Android users [click here](#).

## App How-To Guide

You've downloaded the App, now what? [Click here](#) for a detailed step-by-step guide on getting the App set up and ready to use!

## Safety App on Desktop

We're excited to announce that you can now use your computer to access the Rayonier safety app. Please [click here](#) for instructions.

## *Safety* TIP OF THE MONTH



April is Distracted Driving Awareness Month and we're joining the National Safety Council to create safer roads for all. An average of 9 people a day are killed in distracted driving crashes. #JustDrive during #DDAM to help #KeepEachOtherSafe.

**SAFETY** *as a way of life*